

Date: September 29th- October 3rd, 2025

# **MONDAY**

Yolk & Folk: omelets/ eggs made to order/ shrimp and grits Soup Bowl: sweet potato coconut curry/ shrimp and roasted corn bisque	\$3.27/ \$6.05 \$2.39sm/ \$3.39lg
Main Dish: stuffed salmon served with scalloped potatoes and Brussel sprouts Char House: mac and cheese topped with buffalo chicken bites	\$13.99 \$6.05
Heritage Deli: Cuban croissant panini with Swiss cheese, dijon, shredded bbq pork and ham	\$7.39 \$7.39
Salad Studio: salmon, blueberry, and almond salad/ chicken blt salad  Rustica: plain pizza, sausage mushroom pizza	\$3.15/ \$3.49

## **TUESDAY**

Yolk & Folk: omelets/ eggs made to order/ apple crisp with oatmeal crumble	\$4.19/ \$6.05
Soup Bowl: sweet potato coconut curry/shrimp and roasted corn bisque	\$2.45sm/ \$3.53lg
Main Dish: Chicken Enchiladas served over Spanish Rice with Cinnamon Churros	\$13.99
Char House: Teriyaki bacon pineapple turkey burger	\$6.05
Heritage Deli: Cuban croissant panini with Swiss cheese, Dijon, shredded bbg pork and ham	\$7.39
Salad Studio: salmon, blueberry, and almond salad/ chicken blt salad	\$7.39
Rustica: plain pizza, sausage pizza	\$3.29/\$3.49

### **WEDNESDAY**

Yolk & Folk: omelets/ eggs made to order/ breakfast strombolis	\$4.19/ \$6.05
Soup Bowl: sweet potato coconut curry/ shrimp and roasted corn bisque	\$2.45sm/ \$3.53lq
Main Dish: Pasta Bar: Ravioli, or Cheese Tortellini Pasta served with Marinara, Pesto or Alfredo Sauce	\$16.99
Char House: hot roast beef sandwich with Swiss cheese	\$7.99
Heritage Deli: Cuban croissant panini with Swiss cheese, dijon, shredded bbq pork and ham	\$7.39
Salad Studio: salmon, blueberry, and almond salad/ chicken blt salad	\$7.39
Rustica: plain pizza, buffalo chicken pizza	\$3.29/\$3.49

### **THURSDAY**

Yolk & Folk: omelets/ eggs made to order/ French toast topped with fresh berries	\$4.19/ \$6.05
Soup Bowl: sweet potato coconut curry/ shrimp and roasted corn bisque	\$2.45sm/ \$3.53lg
Main Dish: bbq beef meatloaf served with herb roasted potatoes and steamed broccoli	\$13.99
Char House: gochujang turkey burger with Asian slaw	\$6.05
Heritage Deli: Cuban croissant panini with Swiss cheese, dijon, shredded bbq pork and ham	\$7.39
Salad Studio: salmon, blueberry, and almond salad/ chicken blt salad	\$7.39
Rustica: plain pizza, veggie supreme pizza	\$3.29/\$3.49

### **FRIDAY**

Yolk & Folk: omelets/ eggs made to order/ blueberry pancakes Soup Bowl: sweet potato coconut curry/ shrimp and roasted corn bisque	\$4.19/ \$6.05 \$2.45sm/ \$3.53lg
Main Dish: Philly cheesesteak egg rolls, salmon rice eggrolls	\$6.99
Char House: grilled chimichurri wings, ranch wings	\$8.99
Heritage Deli: Cuban croissant panini with Swiss cheese, dijon, shredded bbq pork and ham	\$7.39
Salad Studio: salmon, blueberry, and almond salad/ chicken blt salad	\$7.39
Rustica: plain pizza	\$3.29/\$3.49